



SUPER KIDS RACE DAY



Saint Francis
HEALTHCARE

Awards will be given out in each age group, and t-shirts and participation ribbons will be awarded to all entries. For race distance & to register, visit www.cityofcape.org/superkids. Online registration ends 2/8. Day of registration is open from 11:45 a.m. - 12:30 p.m. For more information, contact Robert at rshanahan@cityofcape.org.

Race begins on February 11th, 2024 at 1:00 p.m.

Located at SEMO Student Rec Center

\$17/Person

Save \$5 if registered by 2/3/24

For more information, contact Robert at rshanahan@cityofcape.org

REGISTER ONLINE: www.cityofcape.org/superkids



CITY of CAPE
GIRARDEAU
PARKS & RECREATION DEPARTMENT



@capeparks

573.339.6340

www.cityofcape.org/superkids

SUPER KIDS RACE DAY

| AGE | DISTANCE | AGE | DISTANCE |
|------------|-----------------|------------|-----------------|
| Baby Crawl | 20 Feet | 6 | 200M (1 Lap) |
| 1 | 50M | 7 | 400M (2 Laps) |
| 2 | 50M | 8 | 400M (2 Laps) |
| 3 | 200M (1 Lap) | 9 | 400M (2 Laps) |
| 4 | 200M (1 Lap) | 10 | 600M (3 Laps) |
| 5 | 200M (1 Lap) | Open | 800M (4.5 Laps) |

PARENT AND PARTICIPANT INFORMATION

Registration is between 11:45 a.m. and 12:30 p.m. You must check in at registration even if you are pre-registered. Races will follow the order as stated above. Races will start at 1:00 p.m. and will run consecutively until completed. Participants will receive an announcement before their race. Listen for you races and then report to your specified area.

2024 SUPER KIDS RACE DAY REGISTRATION FORM

NAME: _____ **D.O.B.** ____/____/____ **AGE:** _____

CIRCLE ONE: **RUNNER** **CRAWLER**

CIRCLE ONE: **MALE** **FEMALE**

HOME ADDRESS: _____

CITY/STATE/ZIP CODE: _____

PHONE NUMBER: _____

CIRCLE T-SHIRT

YOUTH SIZES: 2-4 6-8 10-12 14-16

ADULTS SIZES: SMALL MEDIUM LARGE

How did you hear about this program (circle one)?

PLAY CAPE Website Social Media Email Newspaper Radio Flyer Utility Bill Family/Friend Other

WAIVER:

To be signed by parent or guardian in consideration of foregoing, I for myself, executors, administrators, and assigns, do hereby release and discharge the City of Cape Girardeau and all co-sponsors from all claims of damage demands, actions, and cause actions whatsoever, in any manner arising or growing out of my participation in this run.

Parent/Guardian Signature

Date

RETURN FORM TO:

A. C. Brase Arena
410 Kiwanis Drive
Cape Girardeau, MO 63701